



The Itinerary of a Breakfast (Paperback)

By John Harvey Kellogg

Theclassics.Us, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1919 edition. Excerpt: . NUTS A COMING FOOD STAPLE In these days when the question of foodstuffs is daily becoming more urgent and absorbing it is natural that all available sources of supplies to meet one of the most urgent of all our human needs should be made the subject of careful investigation. The exigencies of the great European war have compelled not only Germany but others of the belligerent nations to study nutritive values and the economics of food more critically than ever before. Every possible source of food supply is being drawn upon to the fullest extent possible by the nations of Central Europe. Efforts have been made to extract nutrient material from such unpromising sources as straw and sawdust, naturally with no encouraging measure of success. The writer has followed these researches and discussions with great interest. Numerous important facts in relation to human...



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Great electronic book and valuable one. It really is simplistic but surprises within the fifty percent from the book. Its been printed in an extremely simple way in fact it is merely right after i finished reading this publication by which in fact modified me, change the way i really believe.

-- **Dr. Bethany Lindgren**

Simply no words and phrases to clarify. It really is full of knowledge and wisdom You wont feel monotony at at any moment of the time (that's what catalogs are for relating to when you question me).

-- **Paolo Spinka**